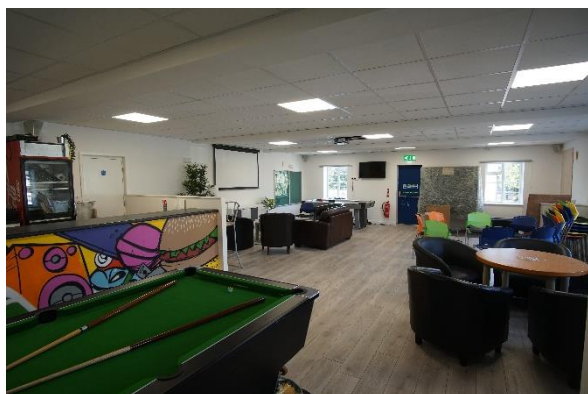


SSYI Report April 2021 - March 2022



Overview



This year has been an eventful one for SSYI, despite the continuing impact of the Covid-19 pandemic we have seen great growth and opened our fantastic, redeveloped Youth Centre in Great Shelford. We are so grateful with what has been achieved this year.

Statistics released by Mind in 2020 show that 1 in 4 people will experience a mental health problem of some kind each year in England, so we have been continuing to offer 1:1 support to many of our young people. By the start of the new school year in 2021 we had over 100 new young people coming along to our work and youth clubs on every day of the week, in our Youth Centre and in Sawston. We have continued to run 1:1 work within Sawston Village College, running regular detached

sessions in the school and the villages and providing vital support to local young people.

Team

Throughout this year the work of SSYI has been carried out by our team of youth workers. These are Zac Britton, Charlie Trueblood and Tina Mogg. In February we took on Tilly Akoto as maternity cover for Charlie. Jon Sanders of Romsey Mill continues to provide management oversight and guidance. We also have a strong team of volunteers supporting all the work that we do. All staff and volunteers are fully DBS checked and safeguarding trained.

Groups

Since September we have been running 6 youth clubs a week: Our Monday football group at Lynton Way Rec in Sawston after school; On Tuesdays we run RED our relaxed open access youth club aimed at supporting young people's wellbeing and mental health; Our girls group runs on Wednesdays after school providing activities and informal education; Thursday evenings is our open access club in Sawston held at the Free Church; and Friday nights we run our 2 open access clubs in the Youth Centre in Shelford with regular attendance of more than 35.



We have also completed work on the "Copse" woodland recreational area, in collaboration with Playscape; a great way to give back to the community by providing a usable outdoor space for all. This picture shows a "Bug Hotel" our young people built there.

1:1s

This year we have supported 12 of our young people with regular 1:1 support, either in the community or in Sawston Village College. These 1:1 sessions often come about through our engagement with young people in the community or through referrals from the school. They enable us to give more in depth support to young people and help them to overcome the challenges that they are facing in their lives. Often, they involve supporting them with their mental health, or through struggles with school.

Detached

Throughout the year we have been running regular detached sessions to meet, engage with and support local young people on their terms. Often wandering around the local recs and other public spaces to meet with both our regular young people and those who don't attend our groups. We also do at least one detached session a week in Sawston Village College to engage with the pupils at lunchtime and raise awareness of the support that we can offer.

Trips

We have been able to provide a variety of trips and experiences this year including Ice skating, Go-Karting, Laser-Tag, Zorbing, bowling, and trampolining.



Residential



In the summer we took 15 young people away for 3 days to Skreens Park Scout Activity Centre near Chelmsford. It was so great to go away again as we were unable to in 2020 due to the pandemic. We did many activities including Kayaking, Raft Building, High



Ropes and Air-Rifle Shooting, and despite not getting a huge amount of sleep everyone had a great time. Residentials are a fantastic opportunity for our young people to grow in confidence, take part in activities they might not otherwise be able to and for us to continue developing strong relationships. Thank you to all who supported this time away financially.

Finances

Our overall expenditure in 2021-22 will be £73,00. We are most grateful for funding received from the parish councils of Great Shelford, Stapleford, Sawston, and Little Shelford, as well as the local churches and the regular and “one-off” donations from individuals in our communities. We have also benefited from a number of institutional and government grants, particularly via South Cambs District Council, John Huntingdon Charity, and UK Youth

Future Plans

In the coming year we hope that our work will continue to grow, we would love to run more 1:1 sessions and start after school drop in sessions in our Youth Centre. We plan to take 30 young people away this summer for a 4-day residential alongside continuing our regular trips and activities throughout the year. Many young people from the surrounding villages attend our work, so we plan to explore how we can best support them also. We are really excited about what the future holds for SSYI!

Thanks

We are so grateful for all the support we receive from individuals, parish councils, churches, and other organisations, we couldn't run without it! We are always on the lookout for more volunteers and supporters, and hope to run our usual fundraising events alongside being at local village weekends, we hope to see you there!

Outcome Statistics

We carry our regular outcome assessments with inputs from the young people. This year we have seen:

Outcomes	Result
Young people expressing an improvement in confidence.	100%
Young people expressing an improvement in their ability to overcome challenges.	100%
Young people expressing an improvement in their ability to get on with others.	86.7%
Young people expressing an improvement in hope for the future.	86.7%
Rating of SSYI sessions out of 10.	8.7

Quotes

“Allowed me to meet new people, have great times away on trips, improve my self-confidence”

“Helped me to be myself”

“Be more confident”

“Meet a lot of great people. Help develop confidence”

“Helped me to engage with more activities and the work environment”

“They provide a youth worker who helps to get me out of the house”